



University of Al-Hamdaniya
Academic and Curriculum Vitae



First: Personal Information

Full Name	Riyad Okab Meri
Gender	Male
Date of Birth	01/07/1972
Place of Birth	Ninawa/ Bawaya
Nationality	Iraqi
Social Status	Married
No. of Children	1
Years of Working	19 Years

Second: Academic Degrees

Certificate	General Specialization	Specific Specialization	Graduation date	College	University	country
PH.D.	Psychological Sport	Psychological Sport	2016	Physical Education and Sport Science	Mosul	Iraq
Master	Sport Science	Physiology	2012	Basic Education	Mosul	Iraq
Bachelor	Sport Science	Sport Science	2006	Physical Education and Sport Science	Mosul	Iraq
Academic Titles and their Acquiring Dates				Assistant Professor in 11/02/2024		

Third: Teaching and Working Tasks

- Previous position: Ministry of Education /

General Directorate of Education in Nineveh Governorate

- Previous place of work: Director of Education in Bashiqa / General Directorate of Education in Nineveh

- Professor at the Open Educational College, Nineveh Branch

- Representative of the Ministry of Education in Erbil/Examination Officer during the period of

Displacement

- Director of Al-Irfan Middle School for Boys for displaced people in Erbil

- Assistant at Bazawaya Secondary School for Boys

- Director of Bazawaya Secondary School for Boys

- Official of the Administrative Division in Bashiqa Education

- Responsible for the Quality Division in Bashiqa Education

- Official of the Literacy Eradication Division in Bashiqa Education

- Responsible for the initiative of the former Minister of Education for the “Your Right to Education” program, in cooperation with the British Council

- Member of the Teachers Union, Nineveh Branch

- Member of the Kurdistan Teachers Union, Mosul and Erbil branch

- Responsible of the Graduate Studies Division/College of Education for Pure Sciences, Al-Hamdaniya University

- Current place of work: Head of the Sports Branch

- Teaching sports psychology as well as seminar for master’s graduate College of Physical Education and Sports Sciences/Al-Hamdaniya University

students/Assistant Dean for Academic Affairs and Graduate Studies.

- Fourth: Academic Activities

- Obtaining an international certificate from the American IREX organization, Education for Coexistence

- I have several computer certificates and a TOEFL certificate for the English language and teaching methods

Number of participating conferences:

1- The First International Conference, University of Mosul 2011.

2- The First International Conference, Sulaymaniyah University 2017

3- The First International Conference, Saladin University/Erbil 2019

4- Psychometrics Conference, an indicator of modern scientific development, Al-Safwa University College, Karbala, 2022

5- The Eighth International Conference on Sports Sciences, Antalya / Türkiye 2022

6- The Sixth Scientific Conference, College of Education for Pure Sciences, Al-Hamdaniya University.

7- The 20th Conference of the College of Education and Sports Sciences, University of Mosul, 2025

8- The Higher Education Conference, 2025, hosted by the Minister of Higher Education, University of Baghdad.

- Scientific Committee for Postgraduate Studies

- Audit Committee for Initial Studies

- The permanent central examination committee for postgraduate examinations

- Scientific Committee at the Sixth Conference of the College of Education for Pure Sciences 2024

- Scientific Committee at the Qom Conference, Islamic Republic of Iran

- Member of the discussion committee at the College of Education for Girls, University of Mosul 2024

- Participated in a judging course for track and field games and obtained an excellent degree

- Participated in several courses held by the Directorate of Preparation and Training

- Football player at Air Force Club for one year.

1- The effect of aerobic activity on temperature, lipid peroxidation

(malonaldehyde) and some antioxidants in athletes, 2011, First

International Conference, College of Education and Sports

Sciences, University of Mosul.

2- The effect of aerobic exercise at moderate and high temperatures

on a number of antioxidants and lipid peroxidation in athletes,

Master's thesis published in the College of Basic Education, 2012, University of Mosul.

3- The Effectiveness of a Proposed Psychological Program in

Positive Coping to Achieve a Sense of Motor Satisfaction in

Gymnastics Lesson, Volume 21, Issue 2 (April 30, 2017), pp. 177-191, Zanko Journal of Humanities, University of Salahaddin/Erbil.

4- The Effectiveness of a Proposed Psychological Program in

Positive Coping to Achieve Peak Performance in Gymnastics

Lesson, Zanko Journal of Humanities, Vol. 21, No. 1 (February 28, 2017), pp. 346-378, Salahaddin University, Erbil.

5- The effect of a psychological program using positive interaction to

achieve peak performance and a sense of motor satisfaction in

gymnastics lessons, published doctoral thesis, 2016, College of Physical Education and Sports Sciences, University of Mosul.

- 6- Competitive Anxiety and Its Relationship to the Accuracy of Performing Some Basic Skills of Qaraqosh Sports Club Female Volleyball Players of the Premier Division, Volume 12, Issue 48 (sup) (October 2019), pp. 107-127, 21, Journal of Educational Studies, Iraqi Ministry of Education, Center for Educational Research and Studies.
- 7- Psychological happiness in physical education lessons for displaced middle school students in the Ministry of Education representation in Erbil, Journal of Physical Education Sciences, Volume (12), Issue (6), 2019, University of Babylon.
- 8- Emotional intelligence and its relationship to the level of skill performance in passing the ball and scoring in football, Al-Qadisiyah Journal of Sports Education Sciences, Volume (21), Issue (1), Year 2021, Al-Qadisiyah University.
- 9- Some positive psychology techniques and their role in improving the skill performance of the pommel horse.
- 10- Wasit Journal of Sports Sciences, Volume 2, Issue 1 (December 31, 2021), pp. 63-75, University of Wasit, College of Physical Education and Sports Sciences.
- 11- Personality and its relationship to job performance among physical education teachers from the perspective of educational supervision, Journal of Basic Education College Research, Volume 18, Issue 2 (June 30, 2022), pp. 820-849, University of Mosul, College of Basic Education.
- 12- Administrative Bullying among Scout Unit Leaders in Iraq from Their Perspective, 8th International Conference, 2022, Antalya, Türkiye.

ISBN 978-625-7148-38-2. 8th International Conference on Multidisciplinary Sciences (8thicomus) 2-4 March 2022 • Antalya/Turkey.
- 13- A Study and Analysis of Extracurricular Activities of Middle School Students in Nineveh Governorate, 2022, Journal of Educational Sciences, Vol. 15, Special Issue of the Conference (2022), pp. 680-706. Hillah, Iraq: University of Babylon, College of Physical Education and Sports Sciences.
- 14- The effectiveness of a guidance program based on some positive psychology techniques to achieve a sense of motor satisfaction in wrestling lessons, the Sixth Scientific Conference of Al-Hamdaniya University for Pure and Applied Sciences 2024, Al-Hamdaniya University / Nineveh.
- 15- The mechanism for activating sports activities in Mosul schools from the perspective of physical education teachers, College of Basic Education Research Journal, University of Mosul, Vol. 20/2.1 January 2024.

- 16- Standardization of the social rejection scale for students in colleges and departments of physical education and sports sciences in universities of Nineveh governorate. International Journal of Physiology, Health and Physical Education. ISSN Print: 2664-7265. ISSN Online: 2664-7273. Impact Factor: RJIF 8 .IJPHPE 2024; 6(2): 124-129 .www.physiologyjournals.com. Received: 20-07-2024. Accepted: 26-08-2024.
- 17- Measuring Social Behavior among Students of the College of Physical Education and Sports Sciences, University of Al-Hamdaniya, Twenty-First Conference of the College of Physical Education and Sports Sciences, University of Mosul, 2025.

- Fifth: Published research in Iraqi and International Scientific Journals

Local scientific journals	١٦
International Scientific Journals	1
Published Books, Patents and Other Activities	

Sixth: Appreciation Certificates and Thank Letters

Issued by	Appreciation certificates	Acknowledgments letters
Ministry		٧
President of the University		٨
Vice Presidents for Scientific & Administrative Affairs		
College		
Others		٧٢

- I Certify That All the Above Information in My CV are Documented by Official Letters

Signature